



# The Mouth ORGAN

The Houston Group of Dental Practices Patient Newsletter

Spring 2019

## Just shy (of 30 years) and retiring



After 34 years in the dental profession, Mr. and Mrs. Houston would like to take this opportunity to announce their retirement from general dental practice.

We would like to publicly thank everyone with whom we have had contact during our 29 years in North Somerset.

We are extremely grateful to all those patients and professional colleagues who have contributed to the expansion and development of our group of practices since we arrived in Weston-super-Mare in 1990.

We are pleased to have been of some service to the people of Weston-super-Mare and North Somerset throughout this period and are indebted to everyone who has generously supported us by their attendance, loyalty, hard work and personal recommendation.

The practices could not have operated without the incredible efforts and hard work of numerous members of staff and the talents of many Clinicians to whom we remain indebted.

Any success we have enjoyed is entirely due to their selfless contributions.

We would like to reassure our patients that nothing about your experience of accessing dental care from the Group will alter after our retirement.

All and every member of our existing staff will remain in their posts and the new Practice Principals are another husband and wife dental surgeon pairing.

As such, we have pleasure in introducing and recommending Dr. Anshul Pangotra and Dr. Punita Taneja to our patients. They have attracted many plaudits for their own existing Group which is known as Alliance Dental Care and they have exciting plans for the future development of the four practice locations.

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Consequently, we feel confident that we are leaving our patients and staff in good hands and wish all parties well for the future.

With our grateful thanks to all of those who have supported us in any capacity.

Yours faithfully,

David & Ceri Houston

# PRACTICE NEWS

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## Weston-super-Mare Recruitment News

We are delighted to introduce a number of new highly experienced and skilled professional colleagues to our patients, all of whom have joined our clinical staff during late 2018 and early 2019.

**Dr. Indrajith Jayaweera:** Dr. Jayaweera having sold his own practice, now provides private care in Weston-super-Mare both on a general practice basis but primarily as a Specialist in the area of endodontics - his field of expertise. This latter skill is offered to all patients within the Group on referral from their usual General Practitioner.

He has maintained a part-time role as a member of teaching staff at his alma mater Birmingham Dental School.

**Dr. Christopher Burt:** Dr. Burt joins us after an outstanding, award-winning under-graduate career at Bristol Dental Hospital. He has quickly assimilated into general practice and has become instantly popular with patients and staff alike.

Away from his professional role, Dr. Burt is a renowned and talented musician much in demand for organ recitals.

**Dr. Amy Considine:** Dr. Considine has moved to the UK mainland from her native Ireland having trained at the famous Trinity College in Dublin.

Her patient and caring manner (not to mention her charming accent!) have rapidly made her a very popular Dental Surgeon of choice with our patients.

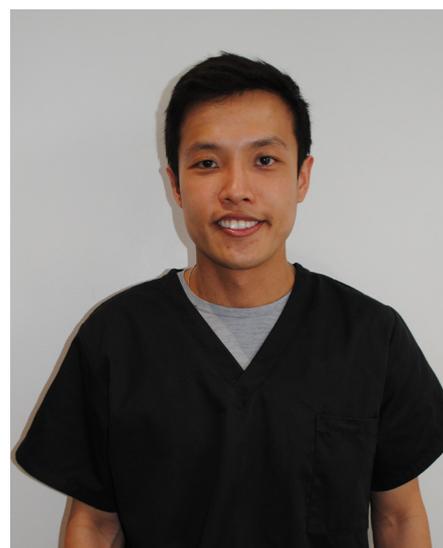
**Dr. Yuan Chun Kwan:** Dr. Kwan joins us via an undergraduate career at Dundee University and a postgraduate career at Cardiff University and following a period in general practice in Singapore.

Despite all of these (occasionally exotic) locations we sincerely hope that he settles well in North Somerset and we feel certain that his talents will quickly ensure that he becomes a well-respected and much admired Practitioner.

**Dr. Stephanie Robinson:** Dr. Robinson enjoyed an enviable award-winning under-graduate career before entering a prolonged period in the field of hospital based oral surgery. (most recently in Cardiff)

However, we were very proud when she kindly consented to a change of career direction and joined us in general practice. Her clinical skills are already much in demand with patients.

*Top right: Dr Christopher Burt. Middle right: Dr Yuan Chun Kwan, Far right: Dr Amy Considine. Right: Dr Stephanie Robinson.*



# PRACTICE NEWS

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## Welcome Back!

We are delighted to welcome back to our clinical staff in Weston-super-Mare Ms. Kelly Redford our long-serving and very popular Dental Hygienist after her second maternity break.

We know that her loyal patients have been eagerly awaiting her return. Kelly will now be working a three-day week going forward.

However, at the time of this newsletters publication Kelly is temporarily absent due to an unfortunate accident in her garden when she fractured her arm.

We wish her a speedy and full recovery.

Mrs. Zanna Brocklehurst who formerly worked for us as a Dental Nurse in Weston-super-Mare has rejoined us after a career break to bring up her children and will uptake a new role assigned to assisting our FD1 Dental Surgeon at Grendon Lodge in Clevedon.

Ms. Toni Shearer returns to our Weston-super-Mare practice as a Receptionist after a short career break elsewhere.

Toni will be particularly well-known to former patients of the Whitecross Road Practice which we purchased some years ago as she was their very popular and respected Practice Manager.

Our patients will benefit from renewed access to each of these lady's skills and experience.

## Examination Success

Some long-term members of our nursing staff have recently passed career development courses.

Mrs. Sarah Howell was successful in completing the prestigious Dental Sedation Nursing qualification.

Miss Kayleigh Bagshaw, Mrs. Beverley Martin and Mrs Tammy Theyer passed their Dental Radiographer examinations.

Miss Harriet Griffin, Miss Sophie Long, Miss Laura Sellers, Miss Victoria Vincent and Miss Georgia Wood were all successful in gaining the well-respected BADN Registered Dental Nurse qualification.

These varied skills are valuable tools in the care of our patients.

Congratulations to all of these ladies. We are very pleased that all of your hard work and dedication paid dividends.

You should be rightly proud of your well-deserved success.

## A Fine Pairing

We have recently recruited two new trainee Dental Nurses to cope with the growth of our Group of practices.

As such, we have been joined by Mrs. Samantha Pritchard, who was working in the retail sector before this change of career direction into dentistry. Samantha has already proved to be a very popular and ever-cheerful new colleague.

Our other trainee Nurse, Mrs. Donna Hillman has been assigned as Dr. Robinson's new Nurse. We are delighted with her enthusiasm for her new role in dentistry.

## Internal Transfer

In late 2018, we were proud to recruit Dr. Nicholas McNally as one of our Clinicians on a permanent basis.

Dr. McNally was one of our Foundation Dentists during 2017/18 but impressed all who met him and observed his career progression. As such we moved quickly to secure his professional services on behalf of our patients going forward.

We wish him well with this next stage of his career.

## Nailsea Expansion

Due to the creation of an additional surgery during our extensive building works at the Nailsea branch practice during the autumn of 2018, we are pleased to announce that we can now accept new patient registrations for both NHS and private sector care.

We sincerely regret that it would have to be on a "first-come" basis due to the limited capacity afforded by a single surgery, but if current patients would like us to register any family or friends we would be happy to be of service.

# PRACTICE NEWS

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## Relocation, Relocation

Mrs. Lisa Johnson, who previously impressed in her duties as Senior Receptionist in Weston-super-Mare, has been promoted to a full branch practice Managers' role at Nailsea.

We hope that she enjoys this new challenge and internal promotion within the Group.

At her request she will be joined in Nailsea by new Senior Receptionist, Mrs. Paula Puddy.

This new team will commence in their posts and welcome patients at the front desk as from November 2018.

Miss Stephanie Karlsson becomes the Groups new Senior Receptionist at our Ham Green branch practice.

In welcoming Stephanie to our team we are continuing something of a family tradition as she is the third member of her family currently on our staff!

## Rewarding Industry and Invention

In November 2018 the fourth "Dental Industry Awards" were held at the Kennington Marriott Hotel, a luxury venue in central London.

When originally created by a large dental publishing house, the stated intention was to recognise and reward excellence within the trade companies who support the UK dental profession. For many this was long overdue recognition for companies and individuals who had remained unsung heroes given their importance and contribution to the industry as a whole.

In order to avoid accusations of bias or vested interests, no trade sponsorship was sought for these Awards and all concerned provide their time and efforts on a charitable basis.

Mr. Houston was flattered to be asked to become the Chairman of the Judging Panel and ceremony Compere of the inaugural awards.

Although the event had a relatively low-key start in 2015, the enormous increase in the number of entries (Many from sizeable multi-national companies.) and the high-profile status being afforded to winners of the 20 categories, not to mention the commercial advertising opportunities exploited by those who have triumphed, have elevated the awards to a headline event within the profession.

Consequently, the Judging Panel for 2018 included leading figures from dental academia and clinical practice together with representatives from research and manufacturing firms.

The ceremony itself which was formerly a ceremonial lunch has become a glittering black-tie evening event hosted in London during November in what now seems to have become the undisputed highlight of the commercial trades' year.

## Permanent Roles

The recent further expansion of our Group of practices has allowed us to offer two of our most outstanding Foundation Year Dental Surgeons from the 2018/19 cohort the opportunity of permanent posts.

Hence we are delighted to announce that Dr. Jodie Kee and Dr. Caroline McElroy will remain on permanent full-time contracts as valuable additions to our clinical staff.

They will both stay in Weston-super-Mare where they are undertaking their induction to general practice.

Both Clinicians have already proved to be extremely popular with our patients during their Foundation years and we are certain that they will quickly prove to be genuine assets to our permanent team.

## Twice As Good

We have recently benefited from the recruitment of two new qualified and experienced Dental Nurses.

Consequently, it is a warm welcome to:

Ms. Izabela Brzozowska who has considerable previous experience both in permanent and locum dental nursing roles, which make her an invaluable and multi-talented colleague.

Mrs. Sophie Cartmall who joins us from her previous Senior Nurse role at a Bristol Practice. Sophie has already gained both radiography and impression taking qualifications during her impressive career progression to date.

Both of these ladies are relocating to our Weston-super-Mare practice.

We all wish them well and hope that both ladies enjoy the new career challenges their roles present.

# PRACTICE NEWS

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## Six Of The Best

Our role as a Foundation Dentist mentoring institution will continue and expand for the 2018/19 academic year.

The existing five Educational Supervisor Dental Surgeons (Dr. Ceri Houston, Dr. John Cantwell, Dr. Neelum Beake, Dr. Kate Holt and Dr. Robert Snelling have all reprised their roles but will now be joined in their posts by Dr. Beverley Dewey for her debut in this highly responsible and vitally important position.

We congratulate Dr. Dewey on her selection by the South West Dental Deanery from the very competitive interview and scrutineering process.

The six recent Graduates who will join us for their initial year in general practice are:

Dr. Nial Carson from the University of Belfast who will be tutored by our most experienced Trainer and joint practice Principal, Dr. Ceri Houston.

Dr. Jessica Fletcher had an award-winning undergraduate career at the University of Leeds and will be mentored by Dr. Neelum Beake at Grendon Lodge in Clevedon.

Dr. Daniel Hedayeti is a British graduate from a Hungarian university who will join Dr. Beverley Dewey in Weston-super-Mare.

Dr. Jodie Kee who also qualified at the University of Belfast (gaining many accolades for her sporting prowess) will be tutored by Dr. John Cantwell at Weston-super-Mare.

Dr. Caroline McElroy is another enthusiastic undergraduate from the University of Belfast and will be supervised by Dr. Robert Snelling for her Foundation year.

Dr. Simon Roberts who already holds a medical degree and is a qualified Doctor undertook a dental degree at King's College in London and will now be tutored by Dr. Kate Holt in Nailsea.

## The Sound of Wedding Bells

Our long-serving, Weston-super-Mare based Dental Nurse; Tracey was married in late 2018.

Our congratulations to the new Mr. & Mrs. Moore! We wish them both well for their future together.

Ironically, on the same Bank-Holiday weekend in May both our highly respected Dental Surgeon Dr. John Cantwell from the Weston-super-Mare practice and Miss Krissy Karlsson one of our Nailsea based Dental Nurses chose to have their respective "big days".

On the basis of keeping things "close to home" Dr. Cantwell married one of our former Nurses, Claire and Krissy's new husband is the son of our popular Clevedon Receptionist, Mrs. Mary Morrish!

## Baby Boom

We are very pleased to announce that our Dental Nurse, Mrs DuDu Masilela who left on maternity leave during April has now given birth to her third child.

Both mother and baby are doing well.

We thank DuDu for her hard work on behalf of the practice before she commenced her leave and hope to welcome her back to her professional role in early 2020.

## Passing Mention

A number of our nursing staff are about to sit the National Certificate of Dental Nursing Examination in mid 2019.

So, it is "good luck" to Miss Danielle Pike, Miss Lauren Porter, Miss Jazmina Ross-Naylor and Miss Jennifer Wareham.

We hope that all of their hard work during the eighteen month training course will pay dividends.

We hope that once they have all gained this qualification it will stimulate their future career development.

## A 'Long' Overdue Promotion

Our long-serving Dental Nurse, Miss Victoria Long has been promoted to the role of Senior Managing Nurse of our Dental Referral Centre building in Weston-super-Mare.

Given her many years of loyal service to the Group and her personal commitment to career progression this is a well-deserved appointment.

We wish her every success in her new post.

# PRACTICE NEWS

## Black Tie-In!

In December, Mr. Houston reprised his role for the eighteenth successive year as the Chief Judge and Compere of the "Private Dentistry Awards" at the stunning 5\* Royal Lancaster Hotel adjacent to Hyde Park in London.

The 2018 event was the largest ever gathering of the dental profession with over 800 guests enjoying the glittering black tie, Oscar-like ceremony during which awards were presented for forty two categories.

These Awards are regarded as the pinnacle of achievement and recognition within UK dentistry and are consequently very keenly contested each year.

Given the glittering, high-profile nature of the event, Mr. Houston has noticed that his increasing waistline and steadily receding hairline are being compensated for by the appointment of ever more glamorous co-hosts!



## The Grass is Always (Ham) Greener

We have been very pleased to secure the highly professional services of Dr. Lizamore Moore as our new clinical colleague at our Ham Green branch practice.

Her hard-working, conscientious and helpful nature has quickly ensured that she has become an indispensable member of staff.

The recruitment of Dr. Moore has coincided with our Group securing some welcome and much-needed additional NHS funding to allow new patient registrations.

As such, we are currently able to buck the national trend and accept new patient registrations.

Additionally, the extra capacity allows us to offer any existing Houston Group patients who may find it more convenient to be treated in Ham Green the opportunity to transfer there for some or all of their care.

We are aware that being situated only a mile from the Clifton Suspension Bridge and having a free of charge, dedicated on-site car park, the practice has proved a popular alternative venue with some of our patients who work in Bristol and have difficulty returning during working hours to our other branch practices for their appointments.

If any patient would like to make use of our Ham Green practice in this way, please speak with reception who will be pleased to be of assistance with making these alternative arrangements to facilitate your ease of attendance for appointments.

## A Good Reception

We have recently recruited a number of new Receptionists to compliment our existing staff levels.

As such, it is a warm welcome to:

Miss Paula Puddy. Paula joined us at the end of 2018 and after a training and induction period in Weston-super-Mare she has moved to our Nailsea branch practice where she has quickly established herself as a popular colleague and a welcoming presence for our patients.

Miss Rosemary Silcox. Rosemary is a hard-working lady with a varied care and service sector background who joins us from another practice in Bridgwater.

Miss Sarah Tuck. Sarah joins us with a wealth of invaluable experienced initially gained in the retail sector and latterly in Personnel Management.

Miss Stephanie Douglass. Stephanie was recruited from a local optician and has previous healthcare and reception experience in pharmacy and medical receptionist roles.

Miss Deborah Devaney has joined us in Weston-super-Mare with extensive valuable previous career experience at both ends of the age spectrum in healthcare for the elderly and children's education.

Mrs. Rachael Donhou had a long career in administration and logistics before changing emphasis to the field of disability support which ignited a passion for patient care and hence her subsequent career move to our organisation.

Mrs. Amanda Lewis. Mandy has transferred her considerable reception and managerial skills gained during a previous thirteen year-long career with various medical practices to our Group. Undoubtedly, their previous employers' respective losses are very much our gain.

From our experience to date, these ladies certainly bring a pleasant disposition and cheerful manner to our reception team.

We hope that they all settle in quickly and enjoy their new positions.

## Catering for Educational Needs

Mrs. Jayne Smale has taken on the role of coordinator of Post-Graduate Education at our teaching facility in Weston-super-Mare.

The lecture theatre has now hosted many events with fortunately positive delegate feedback. This dedicated training facility is invaluable and unique in this region.

The high post-event ratings and positive comments from the delegates have been testament to the selfless efforts to date of Jayne and her colleagues.

We hope that under their management the facility will continue to enhance its growing reputation.



*Top: Stephanie Douglass, Next: Deborah Devaney  
Above: Sarah Tuck, Below: Rachael Donhou*





#### THE HOUSTON GROUP

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12 Clevedon Road | Nailsea | Bristol BS48 1EH | 01275 866359  
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## Dental Implants

A dental implant is an artificial tooth root (commonly made of titanium metal) placed into your jaw, which can support a replacement tooth, bridge unit or denture. They are often more conservative treatment options than more traditional dental techniques, as they do not rely upon adjacent teeth for support.

In suitable patients, implants can be used in conjunction with various combinations of natural teeth, crowns, bridges and partial or complete dentures to restore a healthy, stable and efficiently functioning dentition.

Dental implants will allow you to speak and eat with more confidence and comfort. They are fixed, stable and secure. Thus, overcoming patient concerns over loose dentures. Comfort and aesthetics are prime reasons for choosing the implant option as they can look and feel like your own teeth. They also integrate into the structure of your jaw so preventing loss of the bone after a tooth is lost.

Even if you have lost a significant amount of bone before considering an implant, it may still be possible to place one by means of an initial bone graft.

The ideal candidate for an implant will be in good general and dental health. The best cases will be patients with well-maintained mouths free from periodontal (gum) disease.

Placement of an implant requires a small operation. This can be carried out under local anaesthesia, perhaps with sedation if you are slightly apprehensive. Once inserted, the implants must be allowed a period to integrate with the bone of your jaw. This normally takes at least three months in the lower jaw and six months in the upper jaw.

During this time, the implants are usually left buried under the gum. Often aesthetically pleasing temporary restorations may be placed over the region. Later, a short operation allows the implant to be exposed before being used to support the new crown, bridge or denture.

Treatment is normally far less painful and traumatic than imagined. Modern techniques ensure that the insertion of the implant can be carried out relatively quickly and without undue discomfort. Naturally, any surgical operation carries a slight risk of complications arising. However, these can be minimised by careful attention to detail by a skilled and experienced operator.

The success rates for dental implants are very high and they are considered an excellent option for replacing missing teeth.

Our highly competent and experienced specialist practitioners would be pleased to offer you an initial consultation to discuss your particular case.

#### THE STAFF

##### Partners:

Dr. Ceri Houston B.D.S.  
Dr. David Houston B.D.S.  
Dr. Anshul Pangotra B.D.S.  
Dr. Punita Taneja B.D.S.

##### Lead Clinician:

Dr. Steven Hinchliffe B.D.S., Dip. Implant Dentistry

##### Senior Associate:

Dr. Robert Snelling B.D.S.

##### Associates:

Dr. David Ashcroft B.D.S.  
Dr. Neelum Beake B.D.S.  
Dr. Barry Breslin B.D.S., M.J.D.F.  
Dr. Christopher Burt B.D.S.(Merit)  
Dr. John Cantwell B.D.S.  
Dr. Amy Considine B.D.S., M.F.D.S., R.C.P.S.  
Dr. Laura Dennington B.D.S.(Hons)  
Dr. Beverley Dewey L.D.S., R.C.S., D.P.D.S.  
Dr. Richard Ford B.D.S.  
Dr. Jamie Godsell B.Sc., B.D.S.  
Dr. Samir Gautama B.D.S.  
Dr. Katherine Holt B.D.S.  
Dr. Alexander James B.D.S.  
Dr. Yuan Chun Kwan B.D.S., M.Sc.  
Dr. Lisa Law B.D.S.  
Dr. James Lewis B.D.S.  
Dr. Nicholas McNally B.D.S.  
Dr. Jason Mallon B.D.S.  
Dr. Susan Manasses B.D.S.  
Dr. Lizamore Moore B.D.S.  
Dr. James Morrison B.D.S.  
Dr. Kiran Naik B.Ch.D., M.F.G.D.P.  
Dr. Sarah Richardson B.D.S., D.P.D.S.  
Dr. Stephanie Robinson B.D.S.(Hons), M.F.D.S.  
Dr. James Rocha B.D.S., Dip. Endo.  
Dr. Julian Sharples B.D.S.  
Dr. Hemal Vagher B.D.S., M.J.D.F.

##### Visiting Specialists:

Mr. Sankar Ananth B.D.S., D.F.O., M.F.D.S., R.C.S.(Eng), M.B.B.Ch.(Wales), M.R.C.S., F.R.C.S.(OMFS)  
Mr. Jagtar Dhanda M.B.B.S., B.D.S., B.Sc.(Hons), M.F.D.S., R.C.S.(Eng), M.R.C.S.(Eng), F.R.C.S.(OMFS), Ph.D.  
Dr. Indrajith Jayaweera B.D.S.(Hons), F.G.D.P., D.R.D.P., Dip.E.H.P., M.Sc.

##### Foundation Dentists:

Dr. Niall Carson B.D.S.  
Dr. Jessica Fletcher B.D.S.  
Dr. Daniel Hedayeti D.M.D.  
Dr. Jodie Kee B.D.S.  
Dr. Caroline McElroy B.D.S.  
Dr. Simon Roberts Mb.Ch.B., M.R.C.S.(Eng), B.D.S., A.K.C.

##### Dental Hygienists:

Miss Gillian Foster E.D.H., Dip.DH  
Miss Jolene Hudson E.D.H., Dip.DH  
Mrs. Rebecca Hunt E.D.H., Dip.DH & Therapy  
Mrs. Andrea Jeffrey E.D.H., Dip.DH  
Miss Emma Oldfield E.D.H., Dip.DH  
Miss Gemma Portis E.D.H., Dip.DH  
Miss Kelly Redford E.D.H., Dip.DH  
Mrs. Suzanne Threadgold E.D.H., Dip.DH & Therapy, M.Sc.



Weston Dental Referral Centre

Smile&Face\* Body&Face\*



Somerset Dental Implants